

Individual Scholarship Assessment Template
Colorado State University Fraternity & Sorority Life

Name: _____

Previous Term GPA: _____ Cum. GPA: _____

GPA in Major (if known): _____

My previous term GPA is **better** OR **worse** (circle one) than a typical semester for me.

Circle/Mark all answers that are appropriate for you:

1. I believe that my GPA is
 - a. An accurate indication of my academic accomplishment
 - b. Not an accurate indication of my academic accomplishmentWhy:

2. My effort level toward my academic performance
 - a. Is high
 - b. Is average
 - c. Is low
 - d. Doesn't exist
 - e. Varies with my interest in the course
3. My motivation to be successful in school
 - a. Is high
 - b. Is average
 - c. Is low
 - d. Doesn't exist
 - e. Varies with my interest in the course
4. The time I give to academic preparation (studying, etc.)
 - a. Is appropriate/strong
 - b. is acceptable
 - c. is unacceptableWhy:

5. I study best (mark all that apply)
 - a. In the morning
 - b. In the afternoon
 - c. In the evening
 - d. Late at night
 - e. Under pressure
 - f. In small incrementsIs this working for you? Why/why not?

6. I do most of my studying
 - a. During the week
 - b. On the weekends
 - c. Toward the end of the termIs this working for you? Why/why not?

7. I feel that my grades reflect the amount of time I put into my studying
 - a. Agree
 - b. Disagree
8. When I am experiencing difficulty in a course, I (mark all that apply)
 - a. Visit the professor during office hours
 - b. Seek out the TA, if applicable
 - c. Use a tutor
 - d. Ask for help from a member that is in the class or who has taken the class
 - e. Work out the problem on my own
 - f. Seek campus resources
 - g. Talk it over with my family
 - h. Read/re-read specific assignments
 - i. Review tests/professor comments on papers
 - j. Consult with my academic advisor
 - k. Do nothing
9. Last semester was
 - a. Harder than usual
 - b. Easier than usual
 - c. NormalWhy:

10. Please list items that prevent your academic success below (mark all that apply)
 - a. Too much time with a romantic partner
 - b. Too much time with friends in general
 - c. Too many hours working at an internship/outside job
 - d. Consuming too much alcohol/substances when I should be studying
 - e. Not attending all my classes
 - f. No interest in courses I was taking
 - g. Family issues (illness, resources, distance, etc.)
 - h. Dropping a class earlier in the term
 - i. Getting behind in class assignments early in the term
 - j. Turning in assignments/papers late
 - k. Not enough rest

- l. Unhealthy habits in general
 - m. Texting/using social media in class
 - n. Being physically ill
 - o. Experiencing some challenges related to depression and mental health in general
 - p. Managing everything I am responsible for – feeling overwhelmed
11. For my future, I
- a. Have a chosen major/minor
 - b. Am undecided about my major
 - c. Am thinking about changing my major
 - d. Have chosen a career path
 - e. Have narrowed my choices for a career path
 - f. Have no idea what my career path will be
 - g. Know that I am going to apply for graduate/professional school
 - h. Am planning to take graduate entrance exams
 - i. Am planning to take prep courses for graduate entrance exams.
12. I can help myself most if I
- a. Talk with a career counselor
 - b. Talk with my academic advisor
 - c. Talking with my peers about their majors/minors and courses they have taken
 - d. Study abroad
 - e. Get an internship in the field I am pursuing
13. I would benefit from learning/presentations on
- a. Listening/focus
 - b. Note taking
 - c. Managing the transition from high school to college-level work
 - d. Time management
 - e. Test taking skills
 - f. Text anxiety
 - g. Increasing reading speed and comprehension
 - h. Research skills
 - i. Internet and computer skills
 - j. Writing skills
14. My biggest academic goals this semester are:
15. Rewards that would be meaningful when an assignment is completed or a grade is good:
16. Resources I have taken advantage of on campus: (can include TILT, academic advisor, etc.)